

**Shiocton Track and Field
2024 Season
School Records**

Updated 6/5/24

Girls

Ava Lorenz 3200m Run 11:22.16

Destiny Monnot Triple Jump 34'4"

Lydia Hofacker

Karissa Birch 3200m Relay 10:27.54

Ava Lorenz

Destiny Monnot

Karissa Birch 200m Dash 26.35

Karissa Birch 400m Dash 1:00.74

Boys

Joey Hess Long Jump 21'2 3/4"

Paxton Keuhn

Bennet Schmidt 400m Relay 44.42

Shadrick Anday

Joey Hess